

# St. Mary Magdalen Catholic Church

61 North Worple Way, London, SW14 8PR Parish Priest: Fr Adrian Patrick McKenna-Whyte

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Parish website: www.stmarymags.org.uk
Archdiocesan website: www.rcsouthwark.co.uk

Baptisms and Weddings by arrangement

Please see Fr Adrian after Mass to make an appointment for a preparation course.

Office Open: Mon. & Wed. to Fri. 10 am to 1 pm

Archdiocese of Southwark CIO Registered Incorporated Charity Number 1173050

## Parish & School News

Collection details for last Sunday, 19 April Standing Order £425

Naturally, in the circumstances we're in, where we're all called to isolate at home in order to minimise the risk of catching and spreading Coronavirus, we are still unable to open the church. We are all in such extreme circumstances, many with reduced incomes that it is a blessing to be able to receive any donation you are able to give. If you are able to make a donation, no one is asked to give a specific amount as it all depends on individual income. This can be done in a couple of ways: by downloading a Standing Order form to return to your bank from our Parish website www.stmarymags.org.uk/community for regular giving direct from your account, or by using your bank's App from your phone or online website to give via the Parish bank details which are listed halfway down the form you can download from that page. Please scroll down the webpage to reach the form and please use your name and Gift Aid number, if you have one, as a reference, thank you.

Thank you to those parish members who have offered support to our vulnerable and elderly parishioners. Our wider community is in great need help at this time so thank you for the continued support of our local FoodBank and the Spear charity for the homeless. One way to help both is to donate via supermarket collection schemes. FoodBank collection point details can be found on the internet via https://richmond.foodbank.org.uk/give-help/donate-food/ and Spear have this message of thanks: "As we enter the second period of isolation, we would like to thank all who have supported us over this difficult time. From food donations collected at local supermarkets, other essential items and over £10,000 donated, to our crowdfunding campaign plus other generous donations in the first month (thank you for this) amazing show of generosity." Details of how Spear are managing to respond to the current challenges can be found via

https://www.spearlondon.org/combatting-covid-19/

Fr Adrian celebrates Mass each day for the needs of the Parish Family: see overleaf for details

From The Archbishop of Southwark, Most Rev John Wilson: With immediate effect, without any exceptions, all our churches and chapels across the Archdiocese must remain closed to the public until further notice. This is to supress the spread of the COVID-19 virus among gatherings of people, and, in particular, to protect the most vulnerable

The cemetery is open daily from 9am to 3pm.

## 26th April - 3rd May 2020

Archbishop John Wilson will celebrate a Live-Streamed Mass from St George's Cathedral this Sunday. The Mass will be available from 10am on 26<sup>th</sup> April and can be watched by entering this YouTube link: <a href="youtu.be/AdN5cFM-6nw">youtu.be/AdN5cFM-6nw</a> or by clicking the underlined link on our digital newsletter.

If you are a Senior and would like support at home such as food deliveries, please call the FiSH Neighbourhood Care Helpline on 020 8876 3414.

Please remember the challenges that isolation, whether at home alone or living with others can bring, as friends and family may be struggling to cope.

Please also pray for those affected by domestic abuse ... https://www.gov.uk/guidance/domestic-abuse-how-to-get-help

In addition, this advice through Twitter for a "Mental Health Check" is important for everyone ...

Schedule your activities. If you struggle to get everything done in a day, make a preliminary schedule with which you can strategically complete tasks.

Maintain work and personal time boundary. Don't overdo it in working from home or at the office: if you are strict with your work hours, you will be more effective in work. Take constructive breaks between work hours.

**Practice self-care.** Try to eat healthy, well-balanced meals, drink enough water and exercise regularly.

**Exercise regularly.** Exercise is vital to one's vitality. If you think you don't have time, you do: just read this information again. Prioritize your health above all else.

**Stay connected.** Stay in touch with friends, family and colleagues e.g. by phone, messaging and video calls.

Be aware of your habits. Limit time spent watching. reading or listening to the coverage of the pandemic, including on social media platforms.

Identify your stressors. Identify and apply strategies to manage stressors including. challenging negative thoughts, using relaxation techniques, and talking with a trusted friend, colleague or professional ...

**Seek professional help.** Remember to seek help through your GP when necessary for mental health challenges.

## Pope Francis offers this prayer for Catholics wishing to make a spiritual communion:

At your feet, O my Lord Jesus, I prostrate myself and offer you repentance of my contrite heart, which is humbled in its nothingness and in your holy presence. I adore you in the sacrament of your love. I desire to receive you into the poor dwelling that my heart offers you. While waiting for the happiness of sacramental communion, I wish to possess you in spirit. Come to me, O my Jesus, since I for my part, am coming to you. May your love embrace my whole being in life and death. I believe in you, I hope in you, I love you. Amen.

During this time when it is not possible to physically receive Holy Communion, Catholics are encouraged to make a spiritual communion. An excellent prayer sheet has been produced by the Catholic Bishops' Conference of England and Wales, including a prayer for spiritual communion. This can be found online via: http://www.rcsouthwark.co.uk/media/No-Mass-A4.pdf

## MASS details and MASS INTENTIONS this week

26th April - 3rd May 2020

Sunday 26th April The needs of our Parish Family 3rd Sunday of Easter Yr A Monday 27th 9am Michael Goldschmit RIP (Feria) Tuesday 28<sup>th</sup> 9am No intention: Fr Adrian to say Mass for all affected by Coronavirus (Feria) Wednesday 29th 9am No intention: Fr Adrian to say Mass for NHS staff & all Key Workers (St Catherine of Siena) Thursday 30th 9am No intention: Fr Adrian to say Mass for all affected by Coronavirus (Feria) Friday 1<sup>st</sup> May 9am No intention: Fr Adrian to say Mass for NHS staff & all Key Workers (St Joseph the Worker) Saturday 2<sup>nd</sup> 9am No intention: Fr Adrian to say Mass for all affected by Coronavirus (St Athanasius) Sunday 3<sup>rd</sup> May 9am The needs of our Parish Family 4th Sunday of Easter Yr A

#### Parishioners and Friends who are sick:

The sick and house bound are very much at the heart of the church and support us in their prayers as we support them in our prayers at every Mass.

Please remember all the sick of our Parish, those who care for them and those in any kind of need. Individual names of the sick can be written on our Parish Prayer Board beside the Baptistery.

These prayer petitions which will be offered by the Priest as a whole at every Mass.

## Luke 10:20

"Rejoice that your names are written in Heaven."

Whilst currently it is not possible to attend Mass, there are several Parishes who broadcast online, including: https://www.churchservices.tv/wimbledon, the Shrine at Walsingham https://www.walsingham.org.uk/live-stream/ and from the US https://www.wordonfire.org/daily-mass/ NB: Mass times may change according to circumstances. Help:

Prayers and texts can also be found online via the website <a href="https://us.magnificat.net/free">https://us.magnificat.net/free</a>: please click on the UK/Eire tab.

### Please pray for the repose of the souls of

Michael Goldschmit who died recently Brian Collins, Giovanni Rossi, Christopher Hennessy Gilligan and all those whose anniversaries occur near this time.

May their souls and the souls of the faithful departed, through the mercy of God, Rest in Peace. Amen

The names of those who have died are taken from the Death Register, if you would like to include in prayer an individual whose funeral did not occur here please list their name on the Prayer Board and see Fr Adrian if you would like their name to be added to the Book of Remembrance and to our prayers of intercession at our Sunday Mass.

#### Please remember the 3-H theme:

▼ Hygiene: wear gloves in public places,

wash hands and use sanitiser

**♣ Home**: is now the heart of prayer as we must stay

away from public celebrations of Mass

**p**: think positively of ways you can help our Parish

Family to care for one another and our neighbours.

Fr Adrian is gathering details of parish members who would like to offer support to our vulnerable and elderly parishioners. If you could offer support to our community please email Mortlake@RCAOS.org.uk

If you are in isolation and need food delivered the **Barnes Community Shop home delivery service can help.** The BCA has partnered with businesses to launch a new home delivery service for residents. The Barnes Community Shop will enable you to order your groceries online and to have them delivered to your door on an eco-friendly bike. Their riders will deliver Monday to Friday between 12 and 3pm whilst we are all in quarantine. If you place an order before 12pm you can book a next day delivery. They are starting with a limited number of delivery slots every day and will try to expand these over time. However, they are asking customers to leave the slots for residents who are in isolation or find it difficult to get out. If you can get out to buy your groceries, please continue to support our local shops (keeping your distance from others, of course). The website is open for orders: www.barnescommunityshop.com